

# Holy Communion

10.30am Sunday 26<sup>th</sup> July 2020

## Gathering

### Attending this Service in Church

The congregation may now come to church for this service. If you are doing so, it would be very helpful if you can bring this order of service with you on a device or print off the paper copy at home and bring it with you. No service books will be give out in church in order minimise risks of passing infection on.

However people arriving in church without their own order of service will be given an abbreviated service sheet.

In order to make the church as safe a place as possible for people to attend services, it is now strongly advised by the Church of England that face coverings should be worn by everyone in church as a sign of our desire to protect others from possible infection. Please note that there can be no opportunity for mixing in church before or after the service.

### Logging on to the Live Stream

1. The live stream will start at about 10.25am as people are gathering in church.
2. Go to our website [www.stmaryletower.org.uk](http://www.stmaryletower.org.uk) and find the “**Streamed Services**” title.
3. Click on “**LIVE**” to access the service at the top of the Facebook Live page. To go direct to the service when it is no longer live, click on “**RECENT**”
4. Click on the service video stream. Although the service streams via Facebook, you do not need your own Facebook account to log on via the parish website. If you are asked to open a Facebook account, just dismiss the request.
5. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

### Music before the Service

*Organist: Adam Chillingworth, SMLT Organ Scholar*

### Welcome and Introduction

*The minister gives the NOTICES, introduces the service, and then continues.*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,  
**The Lord bless you.**

#### Prayer of Preparation

**Almighty God, to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## **Prayers of Penitence**

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

*We pause for a time of self-reflection.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you  
in newness of life  
to the glory of your name. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord. **Amen.**

## **Gloria**

Setting – *Mathias*

*Cantor: Christopher Borrett, Director of Music*

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

## **Prayer for the Day (The Collect)**

The Lord be with you,  
**The Lord bless you.**

*We keep a time of silent prayer together.*

Lord of all power and might,  
the author and giver of all good things:  
graft in our hearts the love of your name,  
increase in us true religion,  
nourish us with all goodness,  
and of your great mercy keep us in the same;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

# **Listening for the Word from God**

## **Romans 8.26–39**

*read by Sue Adair*

The Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies.

Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us.

Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, 'For your sake we are being killed all day long; we are accounted as sheep to be slaughtered.' No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

For the gift of his living word,  
**Thanks be to God.**

## **Gradual Anthem**

*sung by SMLT (virtual) choir (Rutter)*

Deep peace of the running wave to you,  
Deep peace of the flowing air to you,  
Deep peace of the quiet earth to you,  
Deep peace of the shining stars to you,  
Deep peace of the gentle night to you.  
Moon and stars pour their healing light on you.  
Deep peace of Christ the light of the world to you,  
Deep peace of Christ to you.

## **Gospel: Matthew 13.31–33, 44–52**

*read by Sonia Docherty, Elder*

Hear the Good News of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Jesus put before the crowd another parable: 'The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.'

He told them another parable: 'The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened.'

The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field. Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it.

Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad.

So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth.

Have you understood all this?' They answered, 'Yes.' And he said to them, 'Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

Revd Canon Charles Jenkin, Vicar

## **Affirmation of Faith**

**We believe in God, the Father almighty,  
creator of heaven and earth.**

**We believe in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge  
the living and the dead.**

**We believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## **Intercession**

*Led by Eunice Forsyth, Elder*

*Trust and obey, for there's no other way  
To be happy in Jesus, but to trust and obey.*

Let us pray....

Lord, thank you that you direct your love towards us. Help us, in times when our soul is down within us, to keep trusting and obeying. Lord, help us to put our hope in you as we look forward to new beginnings and to keep praising you, 'our Saviour and our God'.

Lord in your mercy, **Hear our prayer.**

We pray with confidence.....

*'By day the Lord directs his love, at night his song is with us:  
a prayer to the God of our life'.*

We thank you Lord, you are the rock of our foundation, for the mission and unity of the Anglican Church throughout the world. In our Diocese we pray for the reopening of churches to be safe as possible to encourage people to attend services. We pray for parishes in the Ipswich Deanery and for the Inspiring Ipswich Project.

We pray for St Mary-le-Tower as we place our hope in God in our decision making for the life of the church and as we continue with spiritual Communion, may we be one in Christ. We give thanks and praise as we receive financial contribution to help resource our church and for the wonderful generosity to all in your giving, especially during this difficult time. We pray, with your help Lord, we may continue to trust and obey your wisdom and to feel assured that we walk in faith and not by sight.

Lord in your mercy, **Hear our prayer.**

We pray, for the vision of our church music, to trust and obey our sense of vocation as we wait upon the Lord we renew our strength. Help us, to keep faith and hope in you in maintaining the love of music as we worship you in Spirit; in the offering of your blessing through Jesus Christ.

Keeper of Faith, help us, to keep our eyes fixed on you as our everyday lives change, and adapt to staying safe and respecting others in social distancing as we emerge from lockdown. Help us, to feel comfort in knowing you are our God who inspires, who reinvigorates us with your love. We pray that 'faith is the substance of our hope, and hope is the assurance of love'.

Lord in your mercy, **Hear our prayer.**

We pray for those we know who are sick or otherwise distressed including: Angela Pantelis, Freyer, Andrew Hastings and John Wheeler. We continue to pray for Derek le May, Andy Courage, Ian Miller, Phyl Fisk, Cullum, Jaydon, Eileen Mayers, Jill Ganzoni and Stafford Patient.

We pray rest in peace and rise in glory for those who have recently died, among them Christine Redford, and we pray for all who mourn. We give thanks for the lives of those whose remembrance falls at this time of year, among them Canon Edward & Sylvia Wells.

Lord in your mercy, **Hear our prayer.**

*By day the Lord directs his love, at night his song is with us:  
a prayer to the God of our life.*

Merciful Father;

**Accept these prayers**

**For the sake of your Son**

**Our Saviour Jesus Christ. Amen.**

**Choir End of Term Farewells**

# Liturgy of the Sacrament

## The Peace

*The minister introduces the Peace; and then says:*

We are the body of Christ. In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The Peace of the Lord be always with you.

**And also with you.**

## Offertory Hymn

*The hymn is sung by the cantor alone, as government regulations currently prohibit all singing in church except by a single cantor. Please follow the words as your own meditation, and sing them in your heart.*

The kingdom of God is justice and joy,  
For Jesus restores what sin would destroy;  
God's power and glory in Jesus we know,  
And here and hereafter the kingdom shall grow.

The kingdom of God is mercy and grace,  
The captives are freed, the sinners find peace,  
The outcast are welcomed God's banquet to share,  
And hope is awakened in place of despair.

The kingdom of God is challenge and choice,  
Believe the good news, repent and rejoice!  
His love for us sinners brought Christ to His cross,  
Our crisis of judgement for gain or for loss.

God's kingdom is come, the gift and the goal,  
In Jesus begun, in heaven made whole,  
The heirs of the kingdom shall answer his call,  
And all things cry 'Glory!' to God all in all.

## Taking Bread and Wine

Blessed are you Lord, God of the universe:  
you bring forth bread from the earth.

**Blessed be God for ever.**

Blessed are you Lord, God of the universe:  
you create the fruit of the vine.

**Blessed be God for ever.**

## The Gifts of the People

Donations may be made using as follows:

- The Donations Cabinet in church
- The Contactless Terminal in church
- Regular giving by Standing Order
- The Donation Button on our website
- Via BACS to 30-94-55, 00059383  
PCC St Mary le Tower Ipswich

*There is no physical collection in church. St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.*

*The minister takes the collection plate. Recalling our giving for God's work of in the life and mission of our Church, we say together:*

**Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.  
All things come from you,  
and of your own do we give you.**

## **The Great Thanksgiving**

The Lord be with you.

**The Lord bless you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and singing:

**Santus and Benedictus** (*Mathias*)

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died  
he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life  
and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Jesus Christ is Lord:

**Lord, by your cross and resurrection  
you have set us free.**

**You are the Saviour of the world.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Blessed Mary all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever. **Amen.**

## **Breaking Bread**

As our Saviour taught us, so we pray.

**Our Father in heaven,  
hallowed be your name;**

**your kingdom come;**

**your will be done;**

**on earth as in heaven.**

**Give us today our daily bread.**

**And forgive us our sins,**

**as we forgive those who sin against us.**

**Lead us not into temptation;**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory, are yours**

**now and for ever. Amen.**

## **Spiritual Communion**

*The Minister will receive the Bread and the Wine on behalf of all baptised people, who are participating in this service, in church and online, now and later times. When and wherever we are, in this Holy Communion we are united by the Holy Spirit, given to us in baptism.*

**Agnus Dei** (*Mathias*)

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us peace.

*The President breaks the bread, saying:*

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

*The People may make a sign of the cross to affirm  
their participation in the Body of Christ at St Mary-le-  
Tower, and in the blessing of this Holy Communion.*

*Then all pray together:*

**Lord God,**  
whose Son is the true vine and the source of life,  
ever giving himself that the world may live:  
may we so receive within ourselves  
the power of his death and passion  
that, in his saving cup,  
we may share his glory  
and be made perfect in his love;  
for he is alive and reigns,  
now and for ever. **Amen.**

## *Sending Out*

### **Mission Hymn**

*The hymn is sung by the cantor alone, as government  
regulations currently prohibit all singing in church  
except by a single cantor. Please follow the words as  
your own meditation, and sing them in your heart.*

Praise the Lord! Ye heavens, adore him;  
praise him angels, in the height;  
sun and moon, rejoice before him;  
praise him, all ye stars of light.  
Praise the Lord! for he has spoken;  
worlds his mighty voice obeyed:  
laws, which never shall be broken,  
for their guidance he hath made.

Praise the Lord! for he is glorious;  
never shall his promise fail:  
God has made his saints victorious;  
sin and death shall not prevail.  
Praise the God of our salvation;  
hosts on high, his power proclaim;  
Heaven, and earth and all creation,  
laud and magnify his name.

### **Blessing and Dismissal**

The peace of God, which passes all understanding, keep  
your hearts and minds in the knowledge and love of  
God, and of his Son Jesus Christ our Lord; and the  
blessing of God almighty, the Father, the Son, and the  
Holy Spirit, be among you and remain with you always.  
**Amen.**

Go in the peace of Christ  
**Thanks be to God.**

## Organ Voluntary

Fugue in G minor BWV 54 – J.S. Bach

*Adam Chillingworth – Organ Scholar*

## Departing

*You are welcome to sit and listen to the organ voluntary. Sadly there is no opportunity to stay and mix in church after the service, so please leave directly. If you wish to speak to the vicar or someone else it is best to do this by phone or email.*

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