

Holy Communion

10.30am Sunday 23rd August 2020

Gathering

Attending this Service in Church

If you are coming to church for this service, it would be very helpful if you can bring this order of service with you on a device or print off the paper copy at home and bring it with you. No service books will be given out in church in order to minimise risks of passing on infection.

However people arriving in church without their own order of service will be given a shortened service sheet.

It is now required that face coverings should be worn by everyone in church. We welcome this as part of making church services as safe as possible for people to attend, and as a sign of our desire to protect others from possible infection. Please note that there can be no opportunity for mixing in church before or after the service.

Logging on to the Live Stream

1. The live stream will start at about 10.25am as people are gathering in church.
2. Go to our website www.stmaryletower.org.uk and find the “**Streamed Services**” title.
3. Click on “**LIVE**” to access the service at the top of the Facebook Live page. To go direct to the service when it is no longer live, click on “**RECENT**”
4. Click on the service video stream. Although the service streams via Facebook, you do not need your own Facebook account to log on via the parish website. If you are asked to open a Facebook account, just dismiss the request.
5. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

This is a said service today

as the organist is on annual leave.

Welcome and Introduction

The minister gives the NOTICES, introduces the service, and then continues.

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,
The Lord bless you.

**Almighty God, to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.
Let us confess our sins in penitence and faith, firmly resolved to keep God’s commandments and to live in love and peace with all.

We pause for a time of self-reflection.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you
in newness of life
to the glory of your name. Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord. **Amen.**

Gloria *(said)*

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

Prayer for the Day (The Collect)

The Lord be with you,
The Lord bless you.

We keep a time of silent prayer together.

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Listening for the Word from God

Romans 12.1-8

read by Katrina Robertson

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God – what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another.

We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

For the gift of his living word,
Thanks be to God.

Gospel: Matthew 16.13-20

read by Richard Hanley, Elder

Hear the Good News of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, ‘Who do people say that the Son of Man is?’ And they said, ‘Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.’

He said to them, ‘But who do you say that I am?’ Simon Peter answered, ‘You are the Messiah, the Son of the living God.’ And Jesus answered him, ‘Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.’

Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Revd Canon Roger Pallant

Affirmation of Faith

**We believe in God, the Father almighty,
creator of heaven and earth.**

**We believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge
the living and the dead.**

**We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Intercession

Led by Sonia Docherty, Elder.

Response:

Lord in your mercy, **Hear our prayer.**

At the end:

Merciful Father;

Accept these prayers

For the sake of your Son

Our Saviour, Jesus Christ. Amen.

Liturgy of the Sacrament

The Peace

The minister introduces the Peace; and then says:

We are the body of Christ. In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The Peace of the Lord be always with you.

And also with you.

Taking Bread and Wine

The Holy Table is prepared and the minister offers these blessings:

Blessed are you Lord, God of the universe:
you bring forth bread from the earth.

Blessed be God for ever.

Blessed are you Lord, God of the universe:
you create the fruit of the vine.

Blessed be God for ever.

The Gifts of the People

There is no physical collection in church. St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.

Donations may be made using as follows:

- The Donations Cabinet in church
- The Contactless Terminal in church
- Regular giving by Standing Order
- The Donation Button on our website
- Via BACS to 30-94-55, 00059383
PCC St Mary le Tower Ipswich

The minister takes the collection plate. Recalling our giving for God's work of in the life and mission of our Church, we say together:

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. All things come from you, and of your own do we give you.

The Great Thanksgiving

The Lord be with you.

The Lord bless you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Jesus Christ is Lord:

**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Lord of all life,
 help us to work together for that day
 when your kingdom comes
 and justice and mercy will be seen in all the earth.
 Look with favour on your people,
 gather us in your loving arms
 and bring us with Blessed Mary and all the saints
 to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
 in the unity of the Holy Spirit,
 all honour and glory are yours, O loving Father,
 for ever and ever. **Amen.**

Breaking Bread

As our Saviour taught us, so we pray.

**Our Father in heaven,
 hallowed be your name;
 your kingdom come;
 your will be done;
 on earth as in heaven.
 Give us today our daily bread.
 And forgive us our sins,
 as we forgive those who sin against us.
 Lead us not into temptation;
 but deliver us from evil.
 For the kingdom, the power,
 and the glory, are yours
 now and for ever. Amen.**

Spiritual Communion

The Minister will receive the Bread and the Wine on behalf of all baptised people who are participating in this service, in church and online, at the present time and later. Whenever and wherever we are, in this Holy Communion we are united by the Holy Spirit in the Body of Christ, given to us in baptism.

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
 because we all share in one bread.**

Jesus, Lamb of God, have mercy on us.
**Jesus, bearer of our sins, have mercy on us.
 Jesus, redeemer of the world, grant us peace.**

The People may make a sign of the cross to affirm their participation in the Body of Christ at St Mary-le-Tower, and in the blessing of this Holy Communion.

Then all pray together:

**Lord of all mercy,
 we your faithful people
 have celebrated that one true sacrifice
 which takes away our sins
 and brings pardon and peace:
 by our communion
 keep us firm on the foundation of the gospel**

**and preserve us from all sin;
 through Jesus Christ our Lord. Amen.**

Sending Out

Blessing and Dismissal

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.
Amen.

Go in the peace of Christ
Thanks be to God.

Departing

Sadly at the present time there is no opportunity to stay and mix in church after the service, so we ask everyone to leave directly. If you wish to speak to the vicar or another member of staff, it is best to do this by phone or email.

Revd Canon Charles Jenkin, Vicar,
 is currently on annual leave.

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