

# Holy Communion

10.30am Sunday 6<sup>th</sup> September 2020

## Gathering

### Attending this Service in Church

If you are coming to church for this service, it would be very helpful if you can bring this order of service with you on a device or print off the paper copy at home and bring it with you. No service books will be given out in church in order to minimise risks of passing on infection.

However people arriving in church without their own order of service will be given a shortened service sheet.

It is now required that face coverings should be worn by everyone in church. We welcome this as part of making church services as safe as possible for people to attend, and as a sign of our desire to protect others from possible infection. Please note that there can be no opportunity for mixing in church before or after the service.

### Logging on to the Live Stream

1. The live stream will start at about 10.25am as people are gathering in church.
2. Go to our website [www.stmaryletower.org.uk](http://www.stmaryletower.org.uk) and find the “**LIVE Streamed Services**” title and click to go to our [Facebook Live](#) page.
3. Click on the service video. Although the service streams via Facebook, you do not need your own Facebook account to log on via the parish website. If you are asked to open a Facebook account, just dismiss the request.
4. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

### Music before the Service

Preludium - Jean Sibelius

*William Baldry, Organist of SMLT*

### Welcome and Introduction

*The minister gives the NOTICES, introduces the service, and then continues.*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,  
**The Lord bless you.**

**Almighty God, to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

### Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

*We pause for a time of self-reflection.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you  
in newness of life  
to the glory of your name. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord. **Amen.**

### Gloria (Nardone)

*Cantor: Christopher Borrett, Director of Music*

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;**

you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

## Prayer for the Day (The Collect)

The Lord be with you,  
The Lord bless you.

*We keep a time of silent prayer together.*

Almighty God,  
who called your Church to bear witness that  
you were in Christ reconciling the world to yourself:  
help us to proclaim the good news of your love,  
that all who hear it may be drawn to you;  
through him who was lifted up on the cross,  
and reigns with you in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

# Listening for the Word from God

## Romans 13.8-14

*read by Ruth Longhurst.*

Owe no one anything, except to love one another; for the one who loves another has fulfilled the law. The commandments, 'You shall not commit adultery; You shall not murder; You shall not steal; You shall not covet'; and any other commandment, are summed up in this word, 'Love your neighbour as yourself.' Love does no wrong to a neighbour; therefore, love is the fulfilling of the law.

Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy.

Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

For the gift of his living word,  
**Thanks be to God.**

## Gradual Hymn

*The hymn is sung by the cantor alone, as government regulations currently prohibit all singing in church except by a single cantor. Please follow the words as your own meditation, and sing them in your heart.*

Awake, awake: fling off the night!  
for God has sent his glorious light;  
and we who live in Christ's new day  
must work of darkness put away.

Awake and rise, with love renewed,  
and with the Spirit's power endued.  
The light of love in us must glow,  
and fruits of truth and goodness show.

Let in the light: all sin expose  
to Christ, whose life no darkness knows.  
Before his cross for guidance kneel,  
his light will judge, and judging, heal.

Awake, and rise up from the dead,  
and Christ his light on you will shed.  
Its power will wrong desires destroy,  
and your whole nature fill with joy.

## Gospel: Matthew 18.15-20

*read by Richard Hanley, Elder*

Hear the Good News of our Lord Jesus Christ  
according to Matthew.

**Glory to you, O Lord.**

Jesus spoke to his disciples. 'If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as a Gentile and a tax-collector.'

Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again, truly I tell you, if two of you agree on earth about anything you ask, it will be done for you by my Father in heaven. For where two or three are gathered in my name, I am there among them.'

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## Sermon

Revd Canon Roger Pallant.

## Affirmation of Faith

**We believe in God, the Father almighty,  
creator of heaven and earth.**

**We believe in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge  
the living and the dead.**

**We believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## Intercession

*Led by Sonia Docherty, Elder;*

*Response:*

Lord in your mercy, **Hear our prayer.**

*At the end:*

Merciful Father;

**Accept these prayers**

**For the sake of your Son**

**Our Saviour, Jesus Christ. Amen.**

# Liturgy of the Sacrament

## The Peace

*The minister introduces the Peace; and then says:*

We are the body of Christ. In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The Peace of the Lord be always with you.

**And also with you.**

## Offertory Hymn

*The hymn is sung by the cantor alone, as government regulations currently prohibit all singing in church except by a single cantor. Please follow the words as your own meditation, and sing them in your heart.*

Lord, make us servants of your peace:  
Where there is hate, may we sow love;  
Where there is hurt, may we forgive;  
Where there is strife, may we make one.

Where all is doubt, may we sow faith;  
Where all is gloom, may we sow hope;  
Where all is night, may we sow light;  
Where all is tears, may we sow joy.

Jesus, our Lord, may we not seek  
To be consoled, but to console,  
Nor look to understanding hearts,  
But look for hearts to understand.

May we not look for love's return,  
But seek to love unselfishly,  
For in our giving we receive,  
And in forgiving are forgiven.

Dying we live, and are reborn  
Through death's dark night to endless day;  
Lord, make us servants of your peace,  
To wake at last in heaven's light.

## Taking Bread and Wine

Blessed are you Lord, God of the universe:  
you bring forth bread from the earth.

**Blessed be God for ever.**

Blessed are you Lord, God of the universe:  
you create the fruit of the vine.

**Blessed be God for ever.**

## The Gifts of the People

*There is no physical collection in church. St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.*

Donations may be made using as follows:

- The Donations Cabinet in church
- The Contactless Terminal in church
- Regular giving by Standing Order
- The Donation Button on our website
- Via BACS to 30-94-55, 00059383  
PCC St Mary le Tower Ipswich

*The minister takes the collection plate. Recalling our giving for God's work of in the life and mission of our Church, we say together:*

**Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.  
All things come from you,  
and of your own do we give you.**

## The Great Thanksgiving

The Lord be with you.

**The Lord bless you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died  
he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life  
and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Blessed Mary and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever. **Amen.**

## Breaking Bread

As our Saviour taught us, so we pray.

**Our Father in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done;  
on earth as in heaven.  
Give us today our daily bread.  
And forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom, the power,  
and the glory, are yours  
now and for ever. Amen.**

## Spiritual Communion

*The Minister will receive the Bread and the Wine on behalf of all baptised people who are participating in this service, in church and online, at the present time and later. Whenever and wherever we are, in this Holy Communion we are united by the Holy Spirit in the Body of Christ, given to us in baptism.*

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

Jesus, Lamb of God, have mercy on us.  
**Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us peace.**

*The People may make a sign of the cross to affirm their participation in the Body of Christ at St Mary-le-Tower, and in the blessing of this Holy Communion.*

*Then all pray together:*  
**God our creator,  
you feed your children with the true manna,  
the living bread from heaven:  
let this holy food sustain us  
through our earthly pilgrimage  
until we come to that place  
where hunger and thirst are no more;  
through Jesus Christ our Lord. Amen.**

## Sending Out

### Mission Hymn

*The hymn is sung by the cantor alone, as government regulations currently prohibit all singing in church except by a single cantor. Please follow the words as your own meditation, and sing them in your heart.*

Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike, no cares could destroy,  
be there at our waking, and give us we pray,  
your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,  
whose strong hands were skilled at the plane and the  
lathe,  
be there at our labours, and give us, we pray,  
your strength in our hearts, Lord, at the noon of the  
day.

Lord of all kindness, Lord of all grace,  
your hands swift to welcome, your arms to embrace,  
be there at our homing, and give us, we pray,  
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,  
whose voice is contentment, whose presence is balm,  
be there at our sleeping, and give us, we pray,  
your peace in our hearts, Lord, at the end of the day.

### Blessing and Dismissal

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in the peace of Christ

**Thanks be to God.**

### Organ Voluntary

Intrada Op. 111a – Jean Sibelius

### Departing

*You are welcome to sit and listen to the organ voluntary. Sadly there is no opportunity to stay and mix in church after the service, so we ask everyone to leave directly. If you wish to speak to the vicar or another member of staff, it is best to do this by phone or email.*

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