

Holy Communion

10.30am Sunday 13th September 2020

PATRONAL FESTIVAL

Gathering

Attending this Service in Church

If you are coming to church for this service, it would be very helpful if you can bring this order of service with you on a device or print off the paper copy at home and bring it with you. No service books will be given out in church in order to minimise risks of passing on infection.

However people arriving in church without their own order of service will be given a shortened service sheet.

It is now required that face coverings should be worn by everyone in church. We welcome this as part of making church services as safe as possible for people to attend, and as a sign of our desire to protect others from possible infection. Please note that there can be no opportunity for mixing in church before or after the service.

Logging on to the Live Stream

1. The live stream will start at about 10.25am as people are gathering in church.
2. Go to our website www.stmaryletower.org.uk and find the “**LIVE Streamed Services**” title and click to go to our **Facebook Live** page.
3. Click on the service video. Although the service streams via Facebook, you do not need your own Facebook account to log on via the parish website. If you are asked to open a Facebook account, just dismiss the request.
4. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

Music before the Service

Ave maris stella III (Vêpres du Commun) - Marcel Dupré

William Baldry, Organist of SMLT

Welcome and Introduction

The minister gives the NOTICES, introduces the service, and then continues.

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,
The Lord bless you.

**Almighty God, to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

We have done what was wrong in the Lord's sight and chosen what displeases him. Yet as a mother comforts her child, so shall the Lord himself comfort us. So let us come to him who knows our every deed and thought.

We pause for a time of self-reflection.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you
in newness of life
to the glory of your name. Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord. **Amen.**

Gloria *(Sung in F)*

Sung by the choir of St Mary-le-Tower.

**Glory be to God on high,
and in earth peace,
good will towards men.
We praise thee, we bless thee,
we worship thee, we glorify thee,
We give thanks to thee
for thy great glory,
O Lord God, heavenly King,
God the Father almighty.
O Lord, the only-begotten Son, Jesus Christ:
O Lord God, Lamb of God,
Son of the Father,
that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,**

receive our prayer.
Thou that sittest at the right hand of God the
Father, have mercy upon us.

For thou only art holy;
thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art the Most High,
in the glory of God the Father. Amen.

Prayer for the Day (The Collect)

The Lord be with you,
The Lord bless you.

We keep a time of silent prayer together.

Almighty God, who looked upon
the lowliness of the Blessed Virgin Mary
and chose her to be the mother of your only Son:
grant that we who are redeemed by his blood may
share with her in the glory of your eternal kingdom;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Listening for the Word from God

Romans 14.1-12

read by Archie Thompson

Welcome those who are weak in faith, but not for the
purpose of quarrelling over opinions.

Some believe in eating anything, while the weak eat only
vegetables. Those who eat must not despise those who
abstain, and those who abstain must not pass judgement
on those who eat; for God has welcomed them. Who
are you to pass judgement on servants of another? It is
before their own lord that they stand or fall. And they
will be upheld, for the Lord is able to make them stand.

Some judge one day to be better than another, while
others judge all days to be alike. Let all be fully
convinced in their own minds. Those who observe the
day, observe it in honour of the Lord. Also those who
eat, eat in honour of the Lord, since they give thanks to
God; while those who abstain, abstain in honour of the
Lord and give thanks to God. We do not live to
ourselves, and we do not die to ourselves. If we live,
we live to the Lord, and if we die, we die to the Lord;
so then, whether we live or whether we die, we are the
Lord's.

For to this end Christ died and lived again, so that he
might be Lord of both the dead and the living. Why do
you pass judgement on your brother or sister? Or you,

why do you despise your brother or sister? For we will all stand before the judgement seat of God. For it is written, 'As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God.' So then, each of us will be accountable to God.

For the gift of his living word,
Thanks be to God.

Gradual Psalm 45.11-18

Sung by the choir.

Hearken, O daughter, and consider, incline thine ear ;
forget also thine own people, and thy father's house.
So shall the King have pleasure in thy beauty : for his is
thy Lord God, and worship thou him.

And the daughter of Tyre shall be there with a gift : like
as the rich also among the people shall make their
supplication before thee.

The King's daughter is all glorious within : her clothing
is of wrought gold.

She shall be brought unto the King in raiment of needle-
work : the virgins that be her fellows shall bear her
company, and shall be brought unto thee.

With joy and gladness shall they be brought : and shall
enter into the King's palace.

Instead of thy fathers thou shalt have children : whom
thou mayest make princes in all lands.

I will remember thy Name from one generation to
another : therefore shall the people give thanks unto
thee, world without end.

Glory be to the Father, and to the Son : and to the
Holy Ghost;

As it was in the beginning, is now, and ever shall be :
world without end. Amen.

Gospel: Luke 1.46-54

read by Sonia Docherty, Elder

Hear the Good News of our Lord Jesus Christ
according to Luke.

Glory to you, O Lord.

Mary said, 'My soul magnifies the Lord, and my spirit
rejoices in God my Saviour, for he has looked with
favour on the lowliness of his servant. Surely, from
now on all generations will call me blessed; for the
Mighty One has done great things for me, and holy is his
name.

His mercy is for those who fear him from generation to
generation. He has shown strength with his arm; he has
scattered the proud in the thoughts of their hearts. He
has brought down the powerful from their thrones,
and lifted up the lowly; he has filled the hungry with
good things, and sent the rich away empty.

He has helped his servant Israel, in remembrance of his
mercy, according to the promise he made to our
ancestors, to Abraham and to his descendants for ever.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Revd Canon Charles Jenkin

Affirmation of Faith

**We believe in God, the Father almighty,
creator of heaven and earth.**

**We believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge
the living and the dead.**

**We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Intercession

Written by Hilary Norman, Elder;

Read by Richard Hanley, Elder.

In the power of the spirit and in union with Christ, let us pray to the Father.

Almighty God, in whom we live and move and have our being: who made us for yourself, so that our hearts are restless 'till they rest in you. We give thanks for every mercy granted to us in times past, and for your presence with us now. Let the healing grace of your love transform us that we may play our part in the transformation of the world from a place of suffering to a realm of infinite light and joy.

We pray for the mission and unity of the Church throughout the world; remembering today the Anglican Church of South America. In our diocese we pray for those in the Waveney and Blyth Deanery. For those who have recently been ordained as Deacons and Priests. We pray for those working in the Police and Judicial system in Suffolk. And we pray for the Clergy and people in the Lewru diocese in Tanzania.

In our life at St. Mary-le-Tower we pray for all who come in search of God's presence. We pray for our team of Welcomers and Sidespeople. For the strengthening of our faith and mission, as we serve those in our Town Centre.

Heavenly Father, the world is perplexing – yet we believe in your love. We meet you together as a Church Family. Send us your Spirit that we may understand what you want us to do in the fellowship of your Church: to show the knowledge of your love to others.

Lord in your mercy, **Hear our prayer.**

Father of all mercies, and God of Comfort, whose Son ministered to those in need: we pray for Nations of the World wherever there is conflict. For governments, ministers and advisers who continue to make decisions upon so much depends to control the Covid-19 pandemic.

For the many refugees and asylum seekers who look for a better life in a foreign land. For the hungry and homeless and the many Aid agencies who try to relieve their plight. We rejoice in the bounty of the world – may we not destroy it but share it with those in need.

Lord in your mercy, **Hear our prayer.**

Heavenly Father, we thank you for our homes, families and friends. We pray for those who are currently settling into new environments: those about to go to University; Those starting apprenticeships and training. We pray for those for whom the future is still uncertain.

Lord in your mercy, **Hear our prayer.**

Heavenly Father, we commend to your care those who suffer in body, mind or spirit including: Simon Hulme, Revd. Geoff Colmer, Angela Pantelis, Linda Haywood Smith, Freya and John Wheeler. We continue to pray for Derek le May, Andy Courage, Joyce Courage and John Bradberry

Hold them Lord, that they may know that you are near, through the day and the long night. Be with family as they watch and wait: that all may know wholeness of body, mind and spirit.

Lord in your mercy, **Hear our prayer.**

Hear us as we remember those who have recently died including: Stafford Patient and Callum Doe. We give thanks for the lives of those whose anniversaries occur at this time. We pray for all who mourn those they have known and loved. We give back to you those you gave to us. Jesus taught that life is eternal and that love cannot die. We entrust them to your merciful keeping in your joyous resurrection.

Lord, may we live in faith, walk in love, and be renewed in hope until the world reflects your glory; and you are all in all.

Merciful Father;

Accept these prayers

For the sake of your Son

Our Saviour, Jesus Christ. Amen.

Liturgy of the Sacrament

The Peace

The minister introduces the Peace; and then says:

Unto us a child is born, unto us a son is given:
and his name shall be called the Prince of Peace.
The Peace of the Lord be always with you.
And also with you.

Taking Bread and Wine

Blessed are you Lord, God of the universe:
you bring forth bread from the earth.

Blessed be God for ever.

Blessed are you Lord, God of the universe:
you create the fruit of the vine.

Blessed be God for ever.

The Gifts of the People

There is no physical collection in church. St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.

Donations may be made using as follows:

- *The Donations Cabinet in church*
- *The Contactless Terminal in church*
- *Regular giving by Standing Order*
- *The Donation Button on our website*
- *Via BACS to 30-94-55, 00059383*
PCC St Mary le Tower Ipswich

The minister takes the collection plate. Recalling our giving for God's work of in the life and mission of our Church, we say together:

**Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.
All things come from you,
and of your own do we give you.**

The Great Thanksgiving

The Lord is here:

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise

You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.

Though we chose the path of rebellion
you would not abandon your own.
Again and again you drew us
into your covenant of grace.
You gave your people the law
and taught us by your prophets
to look for your reign of justice, mercy and peace.

And now we give you thanks
because in choosing Blessed Mary
to be the mother of your Son
you have exalted the humble and meek.
Your angel hailed her as most highly favoured;
with all generation we her blessed,
and with her we rejoice and magnify your holy name.

As we watch for the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and saying:

The Sanctus is sung by the choir:

Holy, Holy, Holy, Lord God of Hosts.
Heaven and earth are full of your glory.
Glory be to thee, O Lord, most high.

The Benedictus is sung by the choir:

Blessed is he that cometh
in the name of the Lord.
Hosanna in the highest.

Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Lord, we believe.

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end, he gave himself to death for us;
dying for his own, he set us free from the bonds of sin,
that we might rise and reign with him in glory.

Lord, we believe.

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

Lord, we believe.

In the same way, after supper he took the cup
and gave you thanks; he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Lord, we believe.

Therefore we proclaim the death
that he suffered on the cross,
we celebrate his resurrection,
his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

Come, Lord Jesus.

As we recall the one, perfect sacrifice
of our redemption,
Father, by your Holy Spirit
let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

Come, Holy Spirit.

Look with favour on your people and in your mercy
hear the cry of our hearts.
Bless the earth, heal the sick,
let the oppressed go free
and fill your Church with power from on high.

Come, Holy Spirit.

Gather your people from the ends of the earth
to feast with Blessed Mary, mother of the Lord,
and all your saints at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

We keep a time of quiet while the Sanctus bell is rung.

Breaking Bread

As our Saviour taught us, so we pray.

**Our Father in heaven,
hallowed be your name;
your kingdom come;
your will be done;
on earth as in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom, the power,
and the glory, are yours
now and for ever. Amen.**

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei is sung by the choir:

O Lamb of God, that takest away the sins of the world,
have mercy upon us. Grant us thy peace.

Spiritual Communion

The Minister will receive the Bread and the Wine on behalf of all baptised people who are participating in this service, in church and online, at the present time and later. Whenever and wherever we are, in this Holy Communion we are united by the Holy Spirit in the Body of Christ, given to us in baptism.

The People may make a sign of the cross to affirm their participation in the Body of Christ at St Mary-le-Tower, and in the blessing of this Holy Communion.

Communion Anthem (Elgar)

Sung by the choir.

*Ave Maria, gratia plena, Dominus tecum;
benedicta tu in mulieribus,
et benedictus fructus ventris tui, Jesus Christus.
Sancta Maria, Mater Dei,
ora pro nobis peccatoribus,
nunc et in hora mortis nostrae. Amen.*

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus Christ.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Then all pray together:

**God most high,
whose handmaid bore the Word made flesh:
we thank you that
in this sacrament of our redemption
you visit us with your Holy Spirit
and overshadow us by your power;
strengthen us to walk with Mary
the joyful path of obedience
and so to bring forth the fruits of holiness;
through Jesus Christ our Lord. Amen.**

Sending Out

Mission Hymn

The hymn is sung by the choir alone, as government regulation currently prohibits singing in church by congregations. Please follow the words as your own meditation, and sing them in your heart.

**Tell out, my soul, the greatness of the Lord:
unnumbered blessings give my spirit voice;
tender to me the promise of his word;
in God my Saviour shall my heart rejoice.**

**Tell out, my soul, the greatness of his name:
make known his might, the deeds his arm has
done;
his mercy sure, from age to age the same;
his holy name, the Lord, the Mighty One.**

**Tell out, my soul, the greatness of his might:
powers and dominions lay their glory by;
proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.**

**Tell out, my soul, the glories of his word:
firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore.**

Blessing and Dismissal

Christ the Son of God, born of Mary, fill you with his grace to trust his promises and obey his will; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.
Amen.

Go in the peace of Christ
Thanks be to God.

Organ Voluntary

Finale (Symphonie No.2) – Widor

Departing

You are welcome to sit and listen to the organ voluntary. Sadly there is no opportunity to stay and mix in church after the service, so we ask everyone to leave directly. If you wish to speak to the vicar or another member of staff, it is best to do this by phone or email.

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