

# Choral Eucharist

10.30am Sunday 21<sup>st</sup> February 2021

## Gathering

This service is being live streamed only, and there is no attendance in church in person in the congregation. The choir for this service is the minimum required for the music being offered in worship.

### Logging on to the Live Stream

1. The live stream will start at about 10.25am in preparation for the service.
2. Go to our website [www.stmaryletower.org.uk](http://www.stmaryletower.org.uk) and find the “**LIVE Streamed Services**” title and click to go to our **Facebook Live** page.
3. Click on the service video. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

### Music before the Service

Durch Adams Fall ist ganz verderbt (BWV 637)

- J.S. Bach

*Organist: Dan Soper*

### Welcome and Introduction

*The minister gives some NOTICES, and INTRODUCES the service.*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

**The Lord bless you.**

### The Commandments

Hear these commandments which God has given to his people, and examine your hearts.

I am the Lord your God: you shall have no other gods but me. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.

**Amen. Lord, have mercy.**

You shall not make for yourself any idol. God is spirit, and those who worship him must worship in spirit and in truth.

**Amen. Lord, have mercy.**

You shall not dishonour the name of the Lord your God. You shall worship him with awe and reverence.

**Amen. Lord, have mercy.**

Remember the Sabbath and keep it holy. Christ is risen from the dead: set your minds on things that are above, not on things that are on the earth.

**Amen. Lord, have mercy.**

Honour your father and mother. Live as servants of God; let us work for the good of all, especially members of the household of faith.

**Amen. Lord, have mercy.**

You shall not commit murder. Live peaceably with all; overcome evil with good.

**Amen. Lord, have mercy.**

You shall not commit adultery. Know that your body is a temple of the Holy Spirit.

**Amen. Lord, have mercy.**

You shall not steal. Be honest in all that you do, and care for those in need.

**Amen. Lord, have mercy.**

You shall not be a false witness. Let everyone speak the truth.

**Amen. Lord, have mercy.**

You shall not covet anything which belongs to your neighbour. Remember the words of the Lord Jesus: ‘It is more blessed to give than to receive.’ Love your neighbour as yourself, for love is the fulfilling of the law.

**Amen. Lord, have mercy.**

### Kyrie (Leighton in D)

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

### Confession

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

*We pause for a time of self-reflection.*

**Father eternal, giver of light and grace,  
we have sinned against you**

**and against our neighbour,  
in what we have thought,**

**in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.**

**We have wounded your love,  
and marred your image in us.**

**We are sorry and ashamed,  
and repent of all our sins.**

**For the sake of your Son Jesus Christ,  
who died for us,**

**forgive us all that is past;  
and lead us out from darkness  
to walk as children of light. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord. **Amen.**

## Prayer for the Day (The Collect)

The Lord be with you,  
**The Lord bless you.**

*We keep a time of silent prayer together.*

Almighty God, whose Son Jesus Christ  
fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves  
in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

# Listening for the Word from God

## I Peter 3.18-22

*read by Mary Baldry*

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water.

And baptism, which this prefigured, now saves you – not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

For the gift of his living word,  
**Thanks be to God.**

## Gradual Psalm 25.1-9

*Sung by the choir*

UNTO thee, O Lord, will I lift up my soul; my God, I have put my trust in thee : O let me not be confounded, neither let mine enemies triumph over me.

For all they that hope in thee shall not be ashamed : but such as transgress without a cause shall be put to confusion.

Shew me thy ways, O Lord : and teach me thy paths.

Lead me forth in thy truth, and learn me : for thou art the God of my salvation; in thee hath been my hope all the day long.

Call to remembrance, O Lord, thy tender mercies : and thy loving-kindnesses, which have been ever of old.

O remember not the sins and offences of my youth : but according to thy mercy think thou upon me, O Lord, for thy goodness.

Gracious and righteous is the Lord : therefore will he teach sinners in the way.

Them that are meek shall he guide in judgement : and such as are gentle, them shall he learn his way.

All the paths of the Lord are mercy and truth : unto such as keep his covenant and his testimonies.

*Please stand*

Glory be to the Father, and to the Son : and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be : world without end. Amen.

## Gospel: Mark 1.9-15

*read by Richard Hanley, Elder*

Hear the Good News of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## Sermon

Rev'd Canon Charles Jenkin

## Affirmation of Faith

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary  
and was made man.**

**For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living  
and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic  
and apostolic Church.**

**We acknowledge one baptism  
for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Intercession

*Written by Cathy Moss, Elder*

*Read by Richard Hanley, Elder*

Almighty God and Father, we pray that this season of Lent may be a time of reflection and transformation for people everywhere. As we prepare to observe this season, help us to make decisions about how we are to do this, so our aims may be achievable.

We pray for the Church throughout the world, remembering this week the clergy and congregations of Bondo in Kenya, Ogbia and Offa in Nigeria, Swansea and Brecon in Wales and our link Diocese of Kagera.

In our Diocese we pray for our Bishops Martin and Mike, the Chaplaincy teams at Heath Road Hospital and in our own parish for Charles, Roger and Christopher. We pray for Archdeacon Rhiannon, the Inspire Ipswich Project and for the church plants in our town.

*Almighty and eternal God, grant to all the people of our churches and our bishops and clergy your spirit of grace and pour on us the continual dew of your blessing.*

Lord in your mercy. **Hear our prayer.**

We pray for our troubled world and for people who live under conditions of poverty and restrictions of freedom. We pray for the people of Myanmar, the Yemen and the Uighur population in Northern China.

We pray for families everywhere who have no access to a Covid vaccine and basic healthcare. We give thanks for the successful rollout of vaccinations in this country and for medical personnel and volunteers who have supported this.

Lord, we long for the healing of the nations, for a time when war will be no more. We pray that nations will unite to support each other and that we may discover a new unity.

Lord in your mercy. **Hear our prayer.**

We pray for all who are sick in body, mind or spirit; for those who are lonely and isolated and struggle to see the way ahead.

Among those on our parish prayer list we name today: Sally Graham, Jan Tostevin, Liz Todd, Shirley Wheeler, Emma, Chris, Jillian and Penny Parke.

We continue to pray for Derek le May, Sally Patient, Andy Courage, Peter Gotts, John Bradberry and Joyce Courage.

We remember those who have recently died and those who mourn them: Mike Graham, John Wheeler and Rupert Bell.

Among those whose remembrance falls at this time of year we remember: Brian Goodson, Eunice Barnes, Eric and Dorothy Hansford, Charles Parnell and Richard Metters.

Lord in your mercy. **Hear our prayer.**

*Lord, you are our refuge and strength, an ever present help in times of trouble; help us when we cannot see a clear way ahead to keep our eyes fixed on you.*

Merciful Father;  
**Accept these prayers,  
For the sake of your Son,  
Our Saviour, Jesus Christ. Amen.**

# Liturgy of the Sacrament

## The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The Peace of the Lord be always with you.

**And also with you.**

## The Gifts of the People

*St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.*

*Donations may be made using as follows:*

- Regular giving by Standing Order
- The Donation Button on our website
- Via BACS to 30-94-55, 00059383  
PCC St Mary le Tower Ipswich

## Offertory Anthem (*Rachmaninov*)

*Sung by the choir.*

*During which the minister prepares the Holy Table.*

To thee, O Lord, do I lift up my soul.

My God, I trust in thee.

*The minister takes the collection plate. Recalling our giving for God's work of in the life and mission of our Church, the minister says:*

God of life, saviour of the poor,  
receive with this money  
gratitude for your goodness,  
penitence for our pride  
and dedication to your service  
in Jesus Christ our Lord. **Amen.**

## The Great Thanksgiving

The Lord is here:

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.

Through fasting, prayer and acts of service  
you bring us back to your generous heart.

Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

*The Sanctus is sung by the choir (Leighton)*

Holy, Holy, Holy, Lord God of Hosts.  
Heaven and earth are full of your glory.  
Glory be to thee, O Lord, most high.

*The Benedictus is sung by the choir (please sit):*

Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died  
he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life  
and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Lord of all life, help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Blessed Mary and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever. **Amen.**

## Breaking Bread

As our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done;  
on earth as in heaven.  
Give us today our daily bread.  
And forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom, the power,  
and the glory, are yours  
now and for ever. Amen.**

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## Agnus Dei (Leighton)

*Sung by the choir:*

O Lamb of God,  
that takest away the sins of the world,  
have mercy upon us. Grant us thy peace.

## Holy Communion

*Before receiving Communion, the minister proclaims  
and all respond:*

The Body of Christ; the bread of heaven. **Amen.**

The Blood of Christ; the cup of salvation. **Amen.**

*The People may make a sign of the cross to affirm their  
participation in the Body of Christ, and in the blessing  
of this Eucharistic celebration.*

*The Minister receives the Bread and the Wine on  
behalf of the Body of Christ at St Mary-le-Tower.*

## Prayer after Communion

**Lord God, you have renewed us  
with the living bread from heaven;  
by it you nourish our faith,  
increase our hope, and strengthen our love:  
teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord. Amen.**

## Sending Out

### Mission Hymn

*Sung by the choir*

Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel it's keenest woe;  
self denying, death defying,  
thou to Calvary didst go.

Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

## Blessing and Dismissal

Christ give you grace to grow in holiness, to deny  
yourselves, take up your cross, and follow him; and the  
blessing of God almighty, the Father, the Son, and the  
Holy Spirit, be among you and remain with you always.  
**Amen.**

Go in the peace of Christ

**Thanks be to God.**

## Organ Voluntary

Fugue in C minor (BWV 546) - J.S. Bach

*The livestream continues until the end of the anthem.*

## After the Service

*If you wish to speak to the vicar or another member of  
staff, it is best to do this currently by phone or email:*

**Revd Canon Charles Jenkin**, Vicar, 07789 633315  
[charlesjenkin60@gmail.com](mailto:charlesjenkin60@gmail.com)

**Mrs Jo Jones**, Churchwarden, 07813 543587  
[jonesgriz01@gmail.com](mailto:jonesgriz01@gmail.com)

**Mrs Sonia Docherty**, Churchwarden, 07376 551764  
[sonia.docherty1@gmail.com](mailto:sonia.docherty1@gmail.com)

**Mr Christopher Borrett**, Director of Music  
[music.stmaryletower@gmail.com](mailto:music.stmaryletower@gmail.com)