

St Mary-le-Tower Ipswich Sunday Service

Choral Eucharist

10.30am 11th July 2021 – Trinity 6

Gathering

Attending this Service in Person in Church

If you are coming to church for this service, please bring this order of service with you if you can, on a device or print the paper copy at home and bring it with you. However people arriving in church without their own order of service will be given a shortened service sheet.

It is required that face coverings should be worn by everyone in church. We welcome this as part making church services as safe as possible for people to attend, and as a sign of our desire to protect others from possible infection.

Logging on to the Live Stream

1. The live stream will start at about 10.25am in preparation for the service.
2. Go to our website www.stmaryletower.org.uk and find the “**LIVE Streamed Services**” title and click to go to our **Facebook Live** page.
3. Click on the service video. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

Music before the Service

Lento from ‘A Little Organ Book’ - Frank Bridge

Organist: William Baldry

Welcome and Introduction

The minister gives some NOTICES, and INTRODUCES the service.

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,
The Lord bless you.

Prayer of Preparation

Remaining standing.

**Almighty God, to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God’s commandments and to live in love and peace with all.

Please kneel or sit, and we pause for a time of self-reflection.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord. **Amen.**

Gloria (Darke in F)

Please stand. Sung by the Choir.

Glory be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee,
we worship thee, we glorify thee,
We give thanks to thee for thy great glory,
O Lord God, heavenly King,
God the Father almighty.

O Lord, the only-begotten Son, Jesus Christ:
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the
Father, have mercy upon us.

For thou only art holy;
thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art the Most High,
in the glory of God the Father. Amen.

Prayer for the Day (The Collect)

The Lord be with you,
The Lord bless you.

We keep a period of silent prayer together.

Merciful God,
 you have prepared for those who love you
 such good things as pass our understanding:
 pour into our hearts such love toward you
 that we, loving you in all things and above all things,
 may obtain your promises,
 which exceed all that we can desire;
 through Jesus Christ your Son our Lord,
 who is alive and reigns with you,
 in the unity of the Holy Spirit,
 one God, now and for ever. **Amen.**

Listening for the Word from God

First Reading: Ephesians 1.3-14

read by Annie Shead.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved.

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in Christ, things in heaven and things on earth.

In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

For the gift of his living word;
Thanks be to God.

Gradual Hymn

Please stand. Due to Coronavirus regulations, it is sadly

still not currently permitted for the congregation to sing in church. Please follow the words and sing them in your heart. Please join in at home if you wish!

Lead us, heavenly Father, lead us
 o'er the world's tempestuous sea;
 guard us, guide us, keep us, feed us,
 for we have no help but thee;
 yet possessing every blessing,
 if our God our Father be.

Saviour, breathe forgiveness o'er us:
 all our weakness thou dost know;
 thou didst tread this earth before us,
 thou didst feel it's keenest woe;
 self denying, death defying,
 thou to Calvary didst go.

Spirit of our God, descending,
 fill our hearts with heavenly joy,
 love with every passion blending,
 pleasure that can never cloy:
 thus provided, pardoned, guided,
 nothing can our peace destroy.

Gospel: Mark 6.14-29

read by Sonia Docherty, Elder

Hear the Good News of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

King Herod heard of the healings and other miracles, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him.

But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the

Baptist.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptizer on a platter.'

The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

Revd Canon Charles Jenkin

Affirmation of Faith

**We believe in God, the Father almighty,
creator of heaven and earth.**

**We believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge
the living and the dead.**

**We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Before the Intercession BANNNS of Marriage are read.

Intercession

Led by Cathy Moss, Elder. Please kneel or sit.

Merciful Father;
**accept these prayers,
For the sake of your Son,
Our Saviour, Jesus Christ. Amen.**

Liturgy of the Sacrament

The Peace

Please stand.

We are the body of Christ. In the one Spirit we were

all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you;
and also with you.

The Gifts of the People

St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.

Donations may be made using as follows:

- *Regular giving by Standing Order*
- *The Donation Button on our website*
- *Via BACS to 30-94-55, 00059383
PCC St Mary le Tower Ipswich*

Offertory Anthem (Guerrero)

*Please sit, while the minister prepares the Holy Table,
and the choir sings.*

*Canite tuba in Sion,
quia prope est dies Domini.
Ecce veniet ad salvandum nos.
Erunt prava in directa,
et aspera in vias planas:
Veni, Domine, et noli tardare. Alleluia.*

Blow the trumpet in Zion,
for the day of the Lord is nigh.
Lo, He comes to our salvation.
The crooked shall be made straight,
and the rough ways plain.
Come, Lord, and do not delay. Alleluia.

Offertory Sentence

*Please stand, as the minister takes the offering plate.
Recalling our giving for God's work of in the life and
mission of our Church, the minister says:*

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

**All things come from you,
and of your own do we give you.**

The Great Thanksgiving

The Lord is here:

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and saying:

The Sanctus is sung by the choir (Darke)

Holy, Holy, Holy, Lord God of Hosts.
Heaven and earth are full of your glory.
Glory be to thee, O Lord, most high.

The Benedictus is sung by the choir (please sit):

Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life
and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Jesus Christ is Lord:
**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with Blessed Mary and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever. **Amen.**

We keep a time of quiet while the Sanctus bell is rung.

Breaking Bread

As our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name;
your kingdom come;
your will be done;
on earth as in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom, the power,
and the glory, are yours
now and for ever. Amen.**

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei (Darke)

Sung by the choir:

O Lamb of God,
that takest away the sins of the world,
have mercy upon us. Grant us thy peace.

Holy Communion

Please all stand.

The minister proclaims and all respond:

The Body of Christ; the bread of heaven. **Amen.**

The Blood of Christ; the cup of salvation. **Amen.**

The People may make a sign of the cross to affirm their participation in the Body of Christ, and in the blessing of this Eucharistic celebration.

The Minister receives the Bread and the Wine on behalf of the Body of Christ at St Mary-le-Tower.

Communion will be administered to the people remaining in their places, and the minister will move to people around the church. Communion will be administered one kind only. The Bread will be carefully dropped into people's hands, so that there is no physical contact.

If you wish to receive, please hold out your crossed hands as the minister approaches. Please do not remove your mask to eat the bread until after the minister has passed by.

If you require a gluten free wafer, please remain standing but without holding out your hands, and the minister will return with gluten free bread.

Those in church who prefer to do so, are welcome to participate through Spiritual Communion, in the same

way that as those participating online are doing. Whenever and wherever we are, in this Holy Communion we are united by the Holy Spirit in the Body of Christ, given to us in baptism.

Communion is administered strictly in accordance with Bishops guidelines. Communion is given in one kind only, and the Bishops assure everyone that this is entirely as spiritually beneficial as receiving in both kinds.

Prayer after Communion

When administration of Communion is ended:

**God of our pilgrimage,
you have led us to the living water:
refresh and sustain us
as we go forward on our journey,
in the name of Jesus Christ our Lord. Amen.**

Sending Out

Mission Hymn

Sung by the choir.

God is Love: let heav'n adore him;
God is Love: let earth rejoice;
let creation sing before him,
and exalt him with one voice.
He who laid the earth's foundation,
he who spread the heav'ns above,
he who breathes through all creation,
he is love, eternal love.

God is Love: and he enfoldeth
all the world in one embrace;
with unfailing grasp he holdeth
every child of every race.
And when human hearts are breaking
under sorrow's iron rod,
then they find that self same aching
deep within the heart of God.

God is Love: and though with blindness
sin afflicts the souls of all,
God's eternal loving-kindness
holds and guides us when we fall.
Sin and death and hell shall never
o'er us final triumph gain;
God is Love, so Love or ever
o'er the universe must reign.

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

Go in the peace of Christ

Thanks be to God.

Organ Voluntary

Adagio in E - Frank Bridge

The livestream continues until the end of the Voluntary.

After the Service

The Annual Meetings of St Mary-le-Tower take place in Church immediately after the service.

Under Lockdown Coronavirus Regulations it is not yet permitted for people to gather to chat in church, but it is permitted for groups of six to gather in the churchyard after services.

If you wish to speak to the vicar or another member of staff, it is best to do this currently by phone or email:

Revd Canon Charles Jenkin, Vicar, 07789 633315
charlesjenkin60@gmail.com

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