

# Choral Eucharist

10.30am 18<sup>th</sup> July 2021 – Trinity 7

## Gathering

### Attending this Service in Person in Church

If you are coming to church for this service, please bring this order of service with you if you can, on a device or print the paper copy at home and bring it with you. However people arriving in church without their own order of service will be given a shortened service sheet.

It is required that face coverings should be worn by everyone in church. We welcome this as part making church services as safe as possible for people to attend, and as a sign of our desire to protect others from possible infection.

### Logging on to the Live Stream

1. The live stream will start at about 10.25am in preparation for the service.
2. Go to our website [www.stmaryletower.org.uk](http://www.stmaryletower.org.uk) and find the “**LIVE Streamed Services**” title and click to go to our **Facebook Live** page.
3. Click on the service video. When the video opens you will need to click on the loudspeaker icon to unmute it and hear the sound.

### Music before the Service

Vesper Voluntary No. 4 in F major – Edward Elgar

*Organist: William Baldry*

### Welcome and Introduction

*The minister gives some NOTICES, and INTRODUCES the service.*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you,  
**The Lord bless you.**

### Prayer of Preparation

*Remaining standing.*

**Almighty God, to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleans the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

### Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

*Please kneel or sit, and we pause for a time of self-reflection.*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord. **Amen.**

### Gloria (Matthias in C)

*Please stand. Sung by the Choir.*

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

## Prayer for the Day (The Collect)

The Lord be with you,  
**The Lord bless you.**

*We keep a period of silent prayer together.*

Lord of all power and might,  
 the author and giver of all good things:  
 graft in our hearts the love of your name,  
 increase in us true religion,  
 nourish us with all goodness,  
 and of your great mercy keep us in the same;  
 through Jesus Christ your Son our Lord,  
 who is alive and reigns with you,  
 in the unity of the Holy Spirit,  
 one God, now and for ever. **Amen.**

## Listening for the Word from God

### First Reading: Ephesians 2.11-end

*read by Katrina Robertson.*

Remember that at one time you Gentiles by birth, called 'the uncircumcision' by those who are called 'the circumcision' (a physical circumcision made in the flesh by human hands;) remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world.

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father.

So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

For the gift of his living word;  
**Thanks be to God.**

## Gradual Hymn

*Please stand. Due to Coronavirus regulations, it is still not currently permitted for the congregation to sing in church. Please follow the words and sing them in your heart. Please join in at home if you wish!*

In Christ there is no east or west,  
 in him no south or north,  
 but one great fellowship of love  
 throughout the whole wide earth.

In Christ shall true hearts everywhere  
 their high communion find.  
 His service is the golden cord  
 close binding humankind.

Join hands, then, people of the faith,  
 whate'er your race may be.  
 who serve my father as his child  
 is surely kin to me.

In Christ now meet both east and west,  
 in him meet south and north.  
 All Christlike souls are one in him  
 throughout the whole wide earth.

### Gospel: Mark 6.30-34, 53-end

*read by Richard Hanley, Elder*

Hear the Good News of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

The apostles returned from their mission. They gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves.

Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## Sermon

*Revd Canon Charles Jenkin*

## Affirmation of Faith

**We believe in God, the Father almighty,  
creator of heaven and earth.**

**We believe in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge  
the living and the dead.**

**We believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

*Before the Intercession, BANNNS of Marriage are read.*

## Intercession

*Led by Hilary Norman, Elder. Please kneel or sit.*

In the power of the Spirit and in union with Christ let us pray to the Father.

*Heavenly Father, you have called your Church to proclaim the gospel; and to gather the people into the fellowship of Christ's Church. Help us, in obedience to your call to participate actively in Christian mission; by what we are, and by what we say and do.*

We pray for the Church throughout the World remembering today the Anglican Church in Rwanda. In our diocese we pray for Parishes in the Sudbury Deanery. For Ordinands who are about to commence training. For those at the Kagera Christian Training College.

In our life at St. Mary-le-Tower we pray for our Churchwardens Jo and Sonia; and those elected to serve on the PCC. For Charles and Susan as they prepare for Charles' retirement. For Revd Tom Mumford who has been invited to lead us into the future as we serve the people in the centre of Ipswich. We pray for those of other faiths in our communities. That together we find friendship, trust and understanding.

*O Saviour of the World, lifted on the cross to draw people of all races and cultures to yourself: help us to do the work you have given us to do in this place, in your name.*

Lord in your mercy, **Hear our prayer.**

We pray for the Nations of the World: where many cry out in pain. Have mercy on those for whom war, oppression and famine have robbed them of health, homes and livelihoods. For those struggling to provide clean water, food and medical aid. Give the Leaders of Nations your compassion. Implant justice truth and mercy: that wars may cease and peace may grow. For all who are working to control the spread of Covid-19.

Lord in your mercy, **Hear our prayer.**

As the School Year comes to an end and families plan holiday activities; may they find rest and re-creation. We pray for those who provide the Emergency Services: for coastguards and all who protect our coast and beaches. That everyone will remain safe.

Lord in your mercy, **Hear our prayer.**

Almighty and everlasting God, whose Son Jesus Christ, in his earthly ministry, healed the sick: we place in your care those we know who are sick or otherwise distressed including: Jaydon McConnachie, Neville Smith, Simon Hulme and Felix Todd.

We continue to pray for Derek Le May, Sally Patient, Helen Burtonshaw, Andrew Hastings, Andy Courage, Peter Gotts, Eileen Mayers and Mary Trythall.

Lord in your mercy, **Hear our prayer.**

Loving Father, it is your purpose to bring to completion all that your hands have made, we commend to your safe keeping those who have recently died, including Penny Parke, and those whose remembrance occurs at this time, including Henry Hanley, and all we have loved but see no longer. Give comfort and hope to all who mourn.

Lord in your mercy, **Hear our prayer.**

*Hasten Lord, the day when people will come from East and West, from North and South, to sit at table in your kingdom.*

Merciful Father;  
**accept these prayers,  
For the sake of your Son,  
Our Saviour, Jesus Christ. Amen.**

# Liturgy of the Sacrament

## The Peace

*Please stand.*

We are the body of Christ. In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you;  
**and also with you.**

## The Gifts of the People

*St Mary-le-Tower faces considerable financial challenges at this time and everyone is invited to make a generous contribution by one method or another.*

*Donations may be made using as follows:*

- Regular giving by Standing Order
- The Donation Button on our website
- Via BACS to 30-94-55, 00059383  
PCC St Mary le Tower Ipswich

## Offertory Anthem (Wilby)

*Please sit, while the minister prepares the Holy Table, and the choir sings.*

If ye love me, keep my commandments,  
And I will pray the Father,  
And he shall give you another comforter,  
That he may abide with you for ever:  
Even the spirit of truth.  
And ye know him, for he dwelleth with you,  
And shall be in you.  
I will not leave you comfortless.  
I will come to you.

## Offertory Sentence

*Please stand, as the minister takes the offering plate. Recalling our giving for God's work of in the life and mission of our Church, the minister says:*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.  
**All things come from you,  
and of your own do we give you.**

## The Great Thanksgiving

The Lord is here:  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and saying:

*The Sanctus is sung by the choir (Matthias)*

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.

*The Benedictus is sung by the choir.*

Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died  
he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life  
and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Blessed Mary and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever. **Amen.**

*We keep a time of quiet while the Sanctus bell is rung.*

## Breaking Bread

As our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done;  
on earth as in heaven.  
Give us today our daily bread.  
And forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom, the power,  
and the glory, are yours  
now and for ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## Agnus Dei (Matthias)

*Sung by the choir:*

Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us peace.

## Holy Communion

*Please all stand.*

*The minister proclaims and all respond:*

The Body of Christ; the bread of heaven. **Amen.**

The Blood of Christ; the cup of salvation. **Amen.**

*The People may make a sign of the cross to affirm their participation in the Body of Christ, and in the blessing of this Eucharistic celebration.*

*The Minister receives the Bread and the Wine on behalf of the Body of Christ at St Mary-le-Tower.*

*Communion will be administered to the people remaining in their places, and the minister will move to people around the church. Communion will be administered one kind only. The Bread will be carefully dropped into people's hands, so that there is no physical contact.*

*If you wish to receive, please hold out your crossed hands as the minister approaches. Please do not remove your mask to eat the bread until after the minister has passed by.*

*If you require a gluten free wafer, please remain standing but without holding out your hands, and the minister will return with gluten free bread.*

*Those in church who prefer to do so, are welcome to participate through Spiritual Communion, in the same*

*way that as those participating online are doing. Whenever and wherever we are, in this Holy Communion we are united by the Holy Spirit in the Body of Christ, given to us in baptism.*

*Communion is administered strictly in accordance with Bishops guidelines. Communion is given in one kind only, and the Bishops assure everyone that this is entirely as spiritually beneficial as receiving in both kinds.*

## Prayer after Communion

*When administration of Communion is ended:*

**Lord God, whose Son is the true vine  
and the source of life,  
ever giving himself that the world may live:  
may we so receive within ourselves  
the power of his death and passion  
that, in his saving cup,  
we may share his glory  
and be made perfect in his love;  
for he is alive and reigns, now and for ever.  
Amen.**

## Sending Out

### Mission Hymn

*Sung by the choir.*

Lord, for the years your love has kept and guided,  
urged and inspired us, cheered us on our way,  
sought us and saved us, pardoned and provided:  
Lord of the years, we bring our thanks today.

Lord, for that word, the word of life which fires us,  
speaks to our hearts and sets our souls ablaze,  
teaches and trains, rebukes us and inspires us:  
Lord of the word, receive your people's praise.

Lord, for our land in this our generation,  
spirits oppressed by pleasure, wealth and care:  
for young and old, for commonwealth and nation,  
Lord of our land, be pleased to hear our prayer.

Lord, for our world, when we disown and doubt him,  
loveless in strength, and comfortless in pain,  
hungry and helpless, lost indeed without him:  
Lord of the world, we pray that Christ may reign.

Lord for ourselves; in living power remake us,  
self on the cross and Christ upon the throne,  
past put behind us, for the future take us:  
Lord of our lives, to live for Christ alone.

## Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in the peace of Christ

**Thanks be to God.**

## Organ Voluntary

Intrada - Grayston Ives

*The livestream continues until the end of the Voluntary.*

## After the Service

*Under Lockdown Coronavirus Regulations it is not yet permitted for people to gather to chat in church, but it is permitted for groups of six to gather in the churchyard after services.*

*If you wish to speak to the vicar or another member of staff, it is best to do this currently by phone or email:*

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